



# STILL I RISE SEL Survey



In February/April 2023, a socio-emotional learning survey was conducted among all current students in Still I Rise schools and three Italian secondary schools. In detail, they were asked to answer 18 questions on a scale of 1 to 5 to assess their social-emotional growth in 5 areas:

- Responsible decision-making
- self-awareness
- Social skills
- Social Knowledge
- Self - mastery

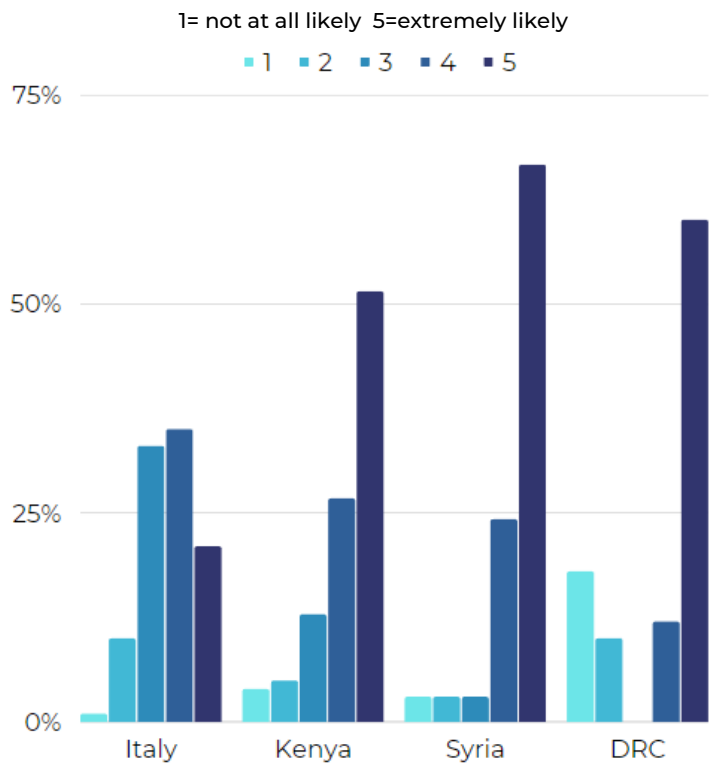
The responses provide significant insights and a useful starting point for measuring and reflecting on students' emotional growth in their lives and in their school context.

## RESPONSIBLE DECISION-MAKING



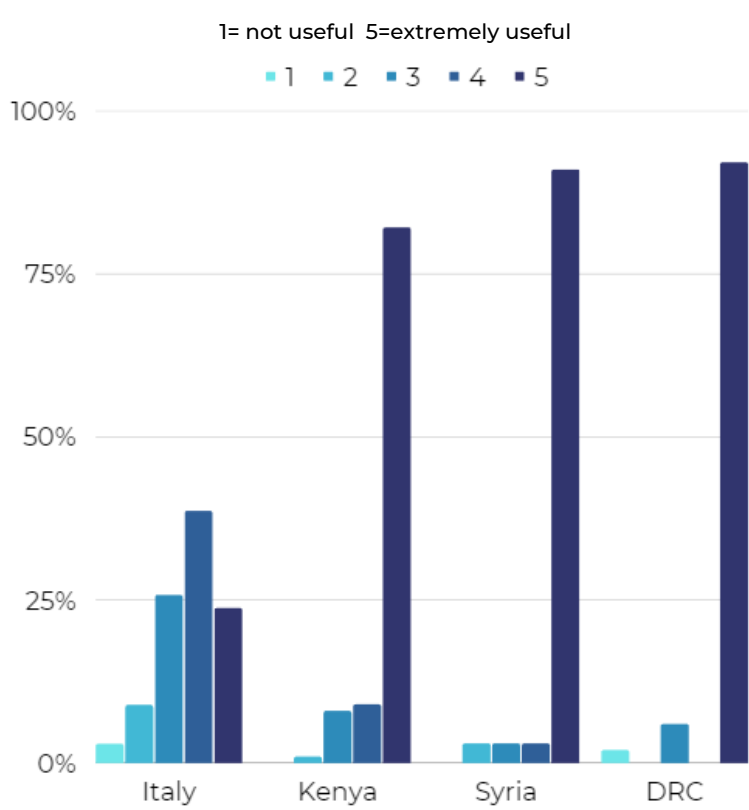
**If you fail at an important goal, how likely are you to try again?**

After failing, 60% of students in SIR schools say they are extremely likely to try again, compared to 21% of Italian students willing to do the same.



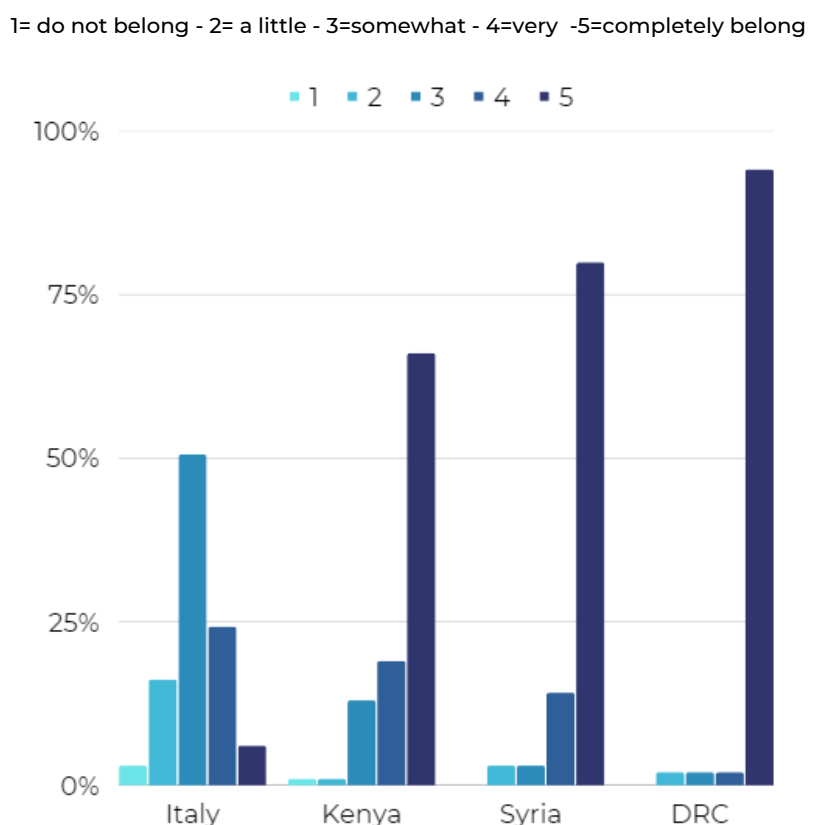
**How useful do you think school will be to you in the future?**

Almost 85% of SIR students see school as relevant to their future lives, compared to 25% of the Italian students we surveyed.



**Overall, how much do you feel like you belong at your school?**

While 6% of Italian students feel a strong sense of belonging to their school, almost 80% of SIR students share the same sentiment.



When guided towards decision-making through classroom activities and ideas, students tend to develop a higher level of resilience and determination, as well as a remarkable sense of belonging to the school itself.

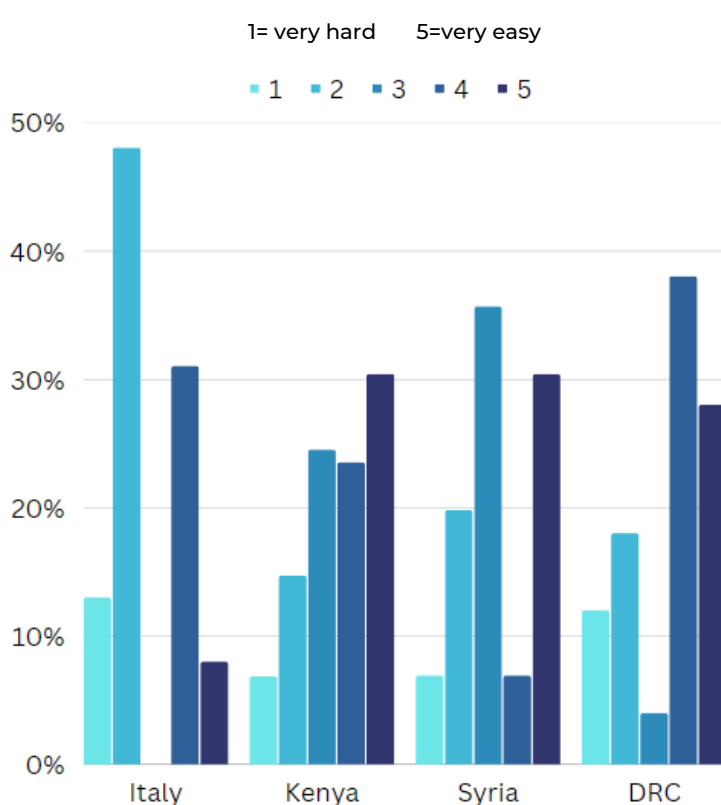


## SELF - MASTERY



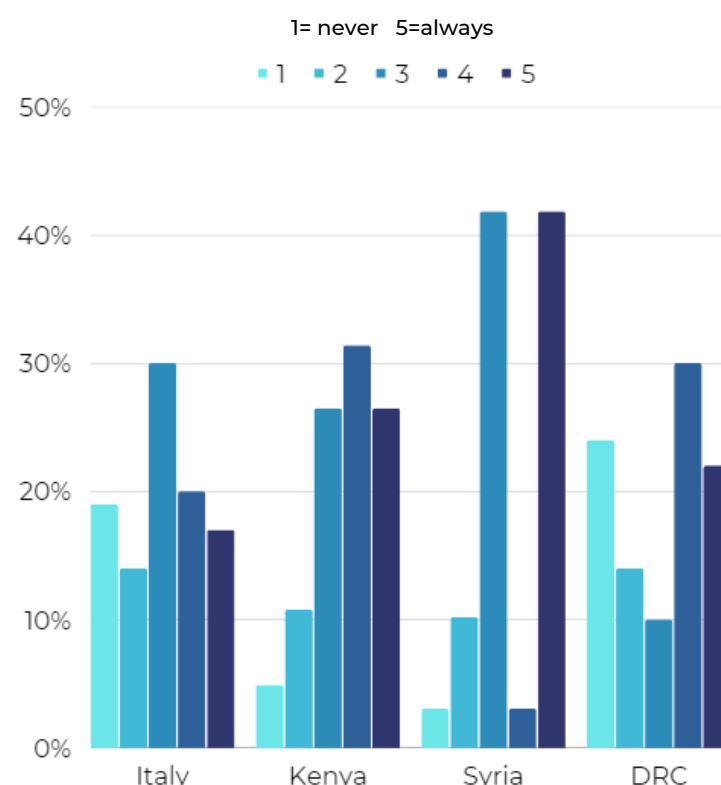
If you are feeling in a bad mood, how easy is it to cheer yourself up?

Managing bad moods seems to be more feasible for SIR students (29%) than for their Italian counterparts (8%).



How often are you able to control your emotions when you need to?

Most of our students report being able to manage their feelings on a regular basis, a particularly difficult skill at a young age.



Self-emotional regulation is a challenge. Modelling emotional management strategies at school increases students' ability to control their emotions.



# STILL RISE Survey



## SOCIAL SKILLS



Do you have a friend from school who you can count on to help you, no matter what?

A higher percentage of students in Kenya (85 per cent) and Syria (90 per cent) have a classmate or schoolmate they can rely on.

Italy



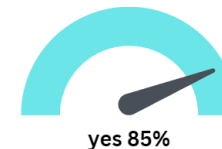
yes 75%

Syria



yes 90%

Kenya



yes 85%

DRC



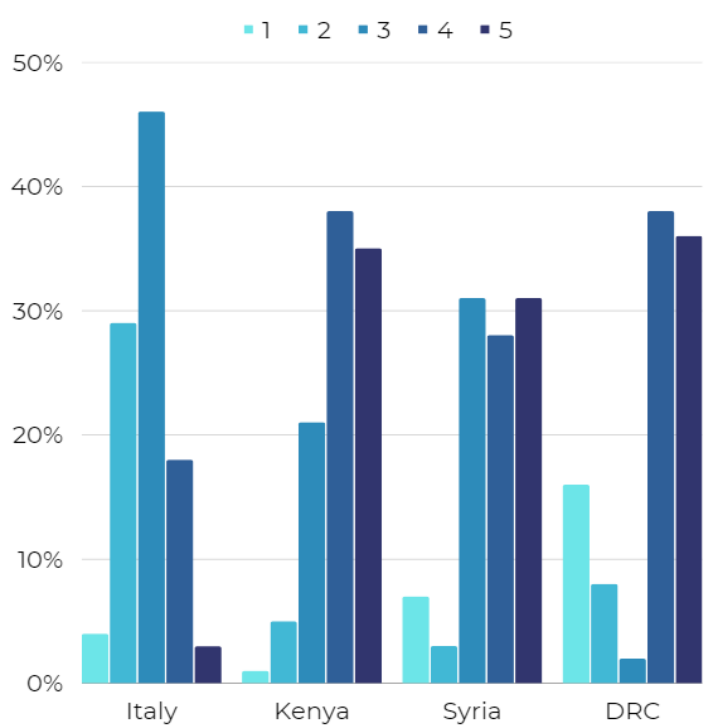
yes 76%



How connected do you feel to the adults at your school?

Students at our school in Nairobi are ten times more likely to feel extremely connected to adults at their school than their Italian peers.

1= not connected 5=extremely connected



The ability to build positive relationships with different individuals and groups is an essential life skill. Schools should promote effective practices and strategies to improve relationships (e.g. active listening and conflict resolution).